



## Cincinnati

**When caring for a sick child, it can be difficult to take time to research and find the assistance you need for your unique circumstances.**

**The following list of resources is intended to help you with a variety of services. These organizations are *not affiliated* with us but have been used by families in the past.**



# Categories

- **Financial**
- **Travel/Transportation**
- **Food/Clothing**
- **Caregiver Support**
- **Child/Youth Support**
- **Mental Health**
- **Specific Diagnosis**
- **Hotlines**
- **Nearby Activities**
- **Miscellaneous**

*Ronald McDonald House Southwest Ohio is not responsible for the content of these external links. These links are for informational purposes only and do not constitute an endorsement.*

*If you have any questions or need assistance, please feel free to call the manager on duty at 513-559-4692 OR 513-559-4693.*

*Download our app for free for more information and resources.*

*You can also reach out Cincinnati Children's Family Resource Center at 513-636-5009. They also have a list of resources and support.*

# Financial Assistance



## Department of Jobs and Family Services (OH)

Develops and supervises the state's public assistance programs, including unemployment, childcare and child support services, among various other services.

<https://jfs.ohio.gov> 614-466-6282



National Foundation for Credit Counseling

## National Foundation for Credit Counseling

Nonprofit dedicated to improving people's financial well-being. Have one-on-one financial reviews for money management and debt.

<https://www.nfcc.org> 888-968-0752



## Cabinet for Health and Family Services (KY)

Organization that provides programs, services and supports that protect and promote the health and well-being of all Kentuckians and their communities,

<https://www.chfs.ky.gov> 502-564-5497



## USAC Lifeline Support

Federal program that lowers the monthly cost of phone or internet service.

[www.lifelinesupport.org](http://www.lifelinesupport.org) 800-234-9473



## Bureau For Family Assistance (WV)

Provides services and support that help West Virginians overcome barriers to stability and self-sufficiency. For example, Medicaid and food benefits.

<https://dhhr.wv.gov> 304-205-6357



## Low Income Home Energy Assistance Program (LIHEAP)

Keeps families safe through initiatives that assist families with energy costs, through federally funded assistance.

[www.acf.hhs.gov](http://www.acf.hhs.gov) 202-401-9351



**InsureKidsNow**

**Assist with setting up free or low-cost health and dental coverage through Medicaid and the Children’s Health Insurance Program (CHIP).  
www.insurekidsnow.gov 877-543-7669**



**The Assistance Fund**

**Helps patients and families facing high medical out-of-pocket costs by providing financial assistance.  
https://tafcares.org 855-845-3663**

## **Travel and Transportation Assistance**



**MBA Open Door Foundation**

**Foundation created to help vulnerable families with critically ill/injured children stay in their homes while in treatment.  
www.mbaopensdoors.org 202-557-2929**



**NextJob**

**Nationwide reemployment solutions company, that provides high-quality job coaching and online learning.  
www.nextjob.com 877-290-7888**



**UnitedHealthcare Children’s Foundation**

**Foundation that provides medical grants that enhance the quality of life for children across the United States.  
https://www.uhccf.org 855-698-4223**



### **Lifeline Pilots**

**Coordinates free air transportation, through volunteer pilots, for passengers with medical needs far from home.**

**<https://lifelinepilots.org> 800-822-7972**



### **Patient Airlift Services (PALS)**

**Arranges free flights for medical patients who cannot afford or are unable to fly commercially.**

**<https://palservices.org> 631-694-7257**



### **Corporate Angel Network**

**Help cancer patients access the best treatment centers in the US by arranging free travel on corporate aircraft.**

**[www.corpangelnetwork.org](http://www.corpangelnetwork.org) 914-328-1313**



### **Mercy's Medical Angels**

**Helps arrange transportation with gas cards, bus and train tickets and with flights (either volunteer or commercial).**

**[www.mercymedical.org](http://www.mercymedical.org) 757-318-9174**



### **Angel Flight**

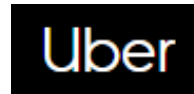
**Arrange free transportation for medically related needs. Interactive map on website to find pilot in your state.**

**[www.angelflight.com](http://www.angelflight.com) 918-749-8992**



### **Miracle Flight**

**Provides flights for those in need of life-changing medical care not available in their local communities.  
Miracleflight.org**



### **Uber/Lyft**

**Transportation companies that provide ride-hailing services. Both are available in the App Store and Google Play.**



### **Cincinnati Children's Transportation**

**Cincinnati Children's Concierge Services can provide information on ground transportation options in and around Cincinnati.**

**<https://www.cincinnatichildrens.org/patient-resources/concierge-services>**

# Food and Clothing Assistance



**Goodwill**

**Thrift stores throughout the country that offer a variety of clothes and other household goods. Also provide community-based programs. \*Cincy Location:  
[www.goodwill.org](http://www.goodwill.org) 513-771-4800**



**The Healing Center**

**Provides over 50 unique services designed to help people meet practical, emotional and financial needs.  
[healingcentercincinnati.org](http://healingcentercincinnati.org)  
513-346-4080**



**Salvation Army**

**Have thrift stores throughout the country and offer other assistance programs, like rent/utility assistance.  
[www.salvationarmyusa.org](http://www.salvationarmyusa.org)  
800-728-7825**



**St. Vincent de Paul**

**Provides practical emergency assistance to those in need, including food, rent/utility assistance, clothing/furniture vouchers and prescriptions.  
[www.svdpcincinnati.org](http://www.svdpcincinnati.org) 513-562-8841**



## **SNAP/EBT**

**Federal food assistance program that helps with the cost of food. Is used in all 50 states, but there are some restrictions on where it can be used.**

**<https://www.fns.usda.gov/snap/ebt>**

# Caregiver Support



## Center for Effective Parenting

Has training and services focused on enhancing parents' knowledge, skills, and attitudes regarding parenting.  
<https://parenting-ed.org> 501-364-7580



## LOTSA Helping Hands

App that allows you to join/make a community for your family and patient. Has a calendar feature and a place to post photos and announcements. Available in the App Store and Google Play.  
[lotsahelpinghands.com](http://lotsahelpinghands.com)



## Justia Lawyers

Provides lawyer, legal aid, and services by state and city. Covers most legal needs and price is based on who you get in contact with.  
[www.justia.com/lawyers](http://www.justia.com/lawyers)



PARENT<sup>to</sup>PARENT  
USA

## Parent to Parent USA

National network of programs to ensure access to quality emotional support for families of individuals with special health care needs.  
[www.p2pusa.org](http://www.p2pusa.org)



National Responsible  
Fatherhood Clearinghouse

## National Responsible Fathering Clearinghouse

National resource for fathers, programs, and public at-large who are serving or interested in supporting strong fathers and families.  
[www.fatherhood.gov](http://www.fatherhood.gov) 877-432-3411



## Parent Connex

Connects families to resources and provide discounted parent coaching and assistance.  
[beechacres.org/parent-connex-families](http://beechacres.org/parent-connex-families)



### **Family Caregiver Alliance**

**Provides services to family caregivers for adults, like care planning, wellness programs and respite services.  
[www.caregiver.org](http://www.caregiver.org)**



### **Aubrey Rose Foundation**

**Help families caring for children with life-threatening illnesses by providing emotional and financial support.  
[aubreyrose.org](http://aubreyrose.org) 513-265-5801**



### **Family Reach**

**Provides non-medical financial support to families facing cancer. Work with community organizations to remove barriers standing between cancer patients and treatment.  
[familyreach.org](http://familyreach.org) 857-233-2764**



### **Care.com**

**App and website used to connect families with quality, local caregivers. Can get child, senior care, housekeeping and tutoring. Available in App Store and Google Play.  
[www.care.com](http://www.care.com)**

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## Children/Youth Support



### A Kid Again

**Offers free local events and activities called *Adventures* for families who have a child facing a life-threatening condition.**  
<https://akidagain.org> 614-797-9500



### Make a Wish

**Grants life-changing wishes for a child going through a critical illness.**  
<https://wish.org> 513-745-9474



### Special Wish Foundation

**Organization dedicated to granting wishes of children between birth and 20 years old who have been diagnosed with a life-threatening illness.**  
[www.aspecialwishneo.org](http://www.aspecialwishneo.org) 877-770-9474



### Sibling Support Project

**National program dedicated to the life-long concerns of brothers/sisters with mental health and developmental needs.**  
<https://siblingssupport.org> 425-362-6421



### Pathways

**Provides free tools to maximize all children's motor, sensory, and communication development.**  
[pathways.org](http://pathways.org) 800-955-2445



### **Center for Courageous Kids**

**Camp program that lets kids participate in fun experiences that they may not be able to elsewhere. Also have family camps/programs.  
[www.courageouskids.org](http://www.courageouskids.org) 270-618-2900**



a seriousfun camp

### **Flying Horse Farms**

**Medical specialty camp that provides experiences at no cost for kids with serious illnesses to heal, grow, and thrive.  
[flyinghorsefarms.org](http://flyinghorsefarms.org) 419-751-7077**



### **Victory Junction**

**Camping experience that is exciting, fun and empowering at not cost to children or their families.  
<https://victoryjunction.org>  
336-498-9055**



### **Cincinnati Children's Family Resource Center**

**Have plethora of other resources while you are in Cincinnati for treatment.  
[www.cincinnatichildrens.org](http://www.cincinnatichildrens.org)  
513-636-5009**

# Mental Health Support



## National Alliance for Children's Grief

National organization of professionals dedicated to supporting children and the networks/communities surrounding them.

<https://nacg.org> 866-432-1542



## CopingSpace

An online resource and support site offering coping strategies and tips related to a child's life-changing illness/injury.

<https://copingspace.org>



## Hamilton County Mental Health and Recovery

Develop and manage mental health, addiction, and prevention services that are accessible and positively impact the community.

[www.hcmhrsb.org](http://www.hcmhrsb.org) 513-558-8888



## National Child Traumatic Stress Network

Organization that raises standard of care and improves access to services for traumatized children, families and their communities.

<https://www.nctsn.org/about-us/contact-us/get-help-now>  
[info@nctsn.org](mailto:info@nctsn.org)



## National Alliance on Mental Illness

Nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

<https://www.nami.org> 703-524-7600

## Diagnosis Specific



### May We Help

Provides free-of-cost support through volunteer-led, innovative solutions and access to adaptive solutions. They also donated the sensory chairs throughout the House.

<https://maywehelp.org> 513-834-6443



### Redtreehouse

Resource database that has information and programs by diagnosis and other needs. Used by RMHs throughout the US.

[www.redtreehouse.org](http://www.redtreehouse.org)



### March of Dimes

Through research, programs and advocacy, their supporters enable them to be there for parents throughout their pregnancies.

[www.marchofdimes.org](http://www.marchofdimes.org) 888-663-4637



### CanCare

Online support community created to provide hope and healing to individuals living with cancer.

[www.cancare.org](http://www.cancare.org) 713-461-0028



### Project NICU

Dedicated to supporting families with children in the NICU and the medical professionals who care for them.

[www.projectnicu.com](http://www.projectnicu.com)  
[support@projectnicu.com](mailto:support@projectnicu.com)



**Pacer Center**

**Improves educational opportunities and enhances the quality of life for children/young adults with disabilities and their families.**

**www.pacer.org 952-838-9000**



**LittleWins**

**Community dedicated to connecting families looking to repurpose durable medical equipment whether buying, selling or donating.**

**littlewins.com 224-246-3552**



**Live Like Bella**

**Foundation committed to being an internationally recognized leader in childhood cancer research and advocacy.**

**livelikebella.org 786-505-3914**



**Bold and Brave**

**Provides families a place to call home when cancer forces them to be brave. For proton therapy patients at CCHMC Liberty Campus.**

**boldandbravekids.org 513-360-6687**

**Domestic Violence Hotline**

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## Hotlines



**211 Hotline**

**A confidential service that connects people to local community services, like housing, utility bills and mental health resources. www.211.org dial 211**



**24/7/365 assistance for tools and support to help survivors of domestic violence so they can live their lives free of abuse. www.thehotline.org 800-799-7233**



### **Trevor Project**

**Suicide prevention organization that provides 24/7 crisis support services, research and advocacy for LCGBTQ+ young people.**

**[www.thetrevorproject.org](http://www.thetrevorproject.org) 212-695-8650**

WARMLINE.ORG



We're all EARS

### **Warmline**

**Peer specialists who can offer hope, strength and knowledge for mental health issues and/or substance use disorders.**

**[www.warmline.org](http://www.warmline.org) 513-931-9276**



### **Suicide and Crisis Lifeline**

**One-on-one assistance from a skilled judgement-free counselor there to provide compassionate support.**

**[988lifeline.org](http://988lifeline.org) dial 988**



### **RAINN**

**Nation's largest anti-sexual violence organization. Has partnerships with more than 1,000 local sexual assault service providers.**

**<https://rainn.org> 800-656-4673**

**If you feel in danger or in need of immediate assistance or help, please call 911.**

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## Miscellaneous



### Tri-Health Community Resources

**Organization of hospitals in Ohio can provide a variety of different resources and treatment at the various hospitals throughout Ohio.**

**[Trihealth.com/locations](http://Trihealth.com/locations) 513-569-1900**



### Resources for Immigration and Healthcare

**Section is aimed at highlighting the complex world of immigration and identifying some of the services and support that may be available.**

**[cincinnatichildrens.org/ongoing-support-resources/financial-legal/immigration](http://cincinnatichildrens.org/ongoing-support-resources/financial-legal/immigration)**



### Co-Hatch

**A co-working company here in Cincinnati that provides RMH families with free co-working memberships. For great places to meet and work all over the city.**

**[cohatch.com/locations/cincinnati/](http://cohatch.com/locations/cincinnati/)**

## Nearby Activities

### Cincinnati Zoo and Botanical Garden

3400 Vine St, Cincinnati, OH 45220 (~0.5 mile away) [CincinnatiZoo.org](http://CincinnatiZoo.org); 513-281-4700

- Complimentary tickets are available at the Welcome Desk and the Concierge Services desk at Cincinnati Children's. *Standard tickets prices vary, check the website or call.*
- Hours vary on the time of year and the season
- Takes around 3-4 hours to walk the entire zoo. There are several indoor exhibits and areas for kids. Can rent strollers or wheelchairs if needed. Can be very crowded during the summer, holidays, and weekends.



### Cincinnati Museum Center

1301 Western Ave, Cincinnati, OH 45203 (~5 miles away) [Cincymuseum.org](http://Cincymuseum.org); 513-270-7000

- Up to 4 complimentary tickets are available at Welcome Desk (with 24-hour notice) and Concierge Services desk at CCHMC.
- Hours: 10am-5pm (closed Tuesday and Wednesday)
- Great children's area inside with a lot of interactive elements. Some exhibits and activities may require an additional ticket. \*Also holiday exhibits!



### Cincinnati Observatory

3489 Observatory Pl, Cincinnati, OH 45208 (~5 miles away) [CincinnatiObservatory.org](http://CincinnatiObservatory.org); 513-321-5186

- Up to 4 complimentary tickets available at Concierge Services desk at Cincinnati Children's. Check their website for additional ticket prices.
- Hours: open by appointment, need to call for hours
- Known as "Birthplace of American Astronomy." Tours are highly recommended and well-reviewed.



### Behringer-Crawford Museum

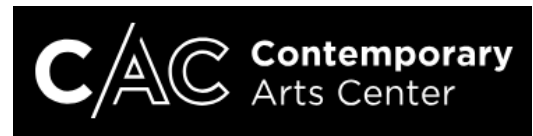
1600 Montague Rd, Covington, KY 41011 (~7 miles away) [Bcmuseum.org](http://Bcmuseum.org); 859-491-4003



- Tickets: \$9 Adult, \$5 Child, \$8 Senior (60+)
- Hours: 10am-5pm (Tuesday-Saturday) 1pm-5pm (Sunday). Closed on Mondays and hours vary around holidays.
- Center for collection, presentation, study, and enjoyment of natural and cultural local history.

### Contemporary Art Center

44 Sixth St E, Cincinnati, OH 45202 (~4 miles away) [Contemporaryartscenter.org](http://Contemporaryartscenter.org); 513-345-8400



- Admission is Free!
- Hours: 10am-7pm (Thursday-Friday) 10am-4pm (Saturday-Sunday). Closed Monday-Wednesday.
- Have various galleries for different art styles as well as a multigenerational learning space.

### University of Cincinnati Recreation Center

2820 Bearcat Way, Cincinnati, OH 45221 (~1 mile) [Uc.edu/campusrec](http://Uc.edu/campusrec); 513-556-0604



- Complimentary passes are available at the Welcome Desk, but they do not include parking.
- Hours: 6am-9pm (Monday-Friday) 8am-9pm (Saturday) 10am-9pm (Sunday). Hours may be affected by UC events, holidays, and school breaks.
- State of the art fitness and recreation facility with various workout rooms, gymnasium space, Indoor Track, and Climbing Wall.

### American Sign Museum

1330 Monmouth Ave, Cincinnati, OH 45225

(~3.5 miles away)



- [Americansignmuseum.org](http://Americansignmuseum.org); 513-541-6366
- Tickets: \$20 Adult, \$15 Senior, 3 Children (12 and under) are free with each paid adult
- Hours: 10am-4pm (Wednesday-Sunday), Closed Monday-Tuesday
- Collection of over a century of American signage, from pre-electric signs to neon and everything in between.

### Cincinnati Fire Museum

315 West Court St, Cincinnati, OH 45202

(~4 miles away)



- [Cincyfiremuseum.com](http://Cincyfiremuseum.com); 513-621-5553
- Tickets: \$10 Adult, \$5 Children (ages 2-6), \$8 Children (7-17)
- Hours: 10am-4pm Tuesday-Saturday, Closed Monday and Sunday
- Highlights the significant contributions that Cincinnati has made to the firefighting profession. Cincinnati is the birthplace of professional firefighting.

### National Underground Railroad Freedom Center

50 East Freedom Way, Cincinnati, OH 45202

(~4 miles away) [Freedomcenter.org](http://Freedomcenter.org); 513-333-7500



- Tickets: \$16.50 Adult, \$11.50 Children (3-12), Children under 3 are Free
- Hours: 10am-5pm Wednesday-Sunday, Closed Monday-Tuesday
- Through permanent and traveling exhibits, Freedom Center shares the stories of Freedom's heroes, from the era of the underground railroad to contemporary times.

### Cincinnati Reds Hall of Fame and Museum

100 Joe Nuxhall Way, Cincinnati, OH 45202

(~4 miles away) [Mlb.com/reds/halloffame](http://Mlb.com/reds/halloffame); 513-765-7823



- Tickets: \$12 Adult, \$10 Students (13-18), Kids under 12 are Free
- Hours: 10am-5pm Non-Game Days, Game Day hours differ
- Record, preserve, and promote the rich history and traditions of the Cincinnati Reds. Honor on-field accomplishments and achievements and create an everything memorial to baseball and the Reds.

### Newport on the Levee

One Levee Way, Newport, KY 41071



**NEWPORT**  
ON THE LEVEE

(~4 miles away) [Newportonthelevee.com](http://Newportonthelevee.com); 859-291-0550

- Hours: Vary on day of the week and the business
- Variety of different shops and activities, including a decent selection of restaurants, an arcade, a movie theater and the Newport Aquarium.

### Krohn Conservatory

1501 Eden Park Dr, Cincinnati, OH 45202

(~2.5 miles away) [Cincinnati-oh.gov](http://Cincinnati-oh.gov); 513-421-4086

- Tickets: Contact for Prices (vary by time of year and events)
- Hours: 3-8pm Monday, 10am-8pm Tuesday-Sunday
- Located in Eden Park, has several greenhouses with different plant "themes" and unique art-styles. Has art deco designs and artwork throughout.



## Great Parks of Hamilton County\*



### **Winton Woods**

**10245 Winton Rd, Cincinnati, OH 45231 (~10 miles away)**

- **Trails, fishing, playgrounds, golfing and picnic areas. *Parking pass available at the Welcome Desk.***
- **Sharon Woods**
- **11450 US-42, Cincinnati, OH 45241 (~15 miles away)**
- **Fishing, boating, golfing, hiking and picnic/recreation areas. *Parking pass available at the Welcome Desk.***

### **Glenwood Gardens**

**10397 Springfield Pike, Cincinnati, OH 45215 (~12 miles away)**

**Beautiful trails and gardens, interactive kids' area called Discovery Center. *Parking pass available at the Welcome Desk.***

### **Other Parks\***

- **Ault Park - 5090 Observatory Cir, Cincinnati, OH 45208 (~5.5 miles away)**  
**\*Picnic Facilities, Nature Trails, Children play areas and gorgeous gardens**
- **Eden Park- 950 Eden Park Dr, Cincinnati, OH 45202 (~2 miles away) Includes Art Museum, Cincinnati Playhouse and Krohn Conservatory**
- **Summit Park - 4335 Glendale Milford Rd, Cincinnati, OH 45242 (~13 miles away)**  
**\*Walking trails, fishing pond, Observation Tower and large playground.**
- **Burnet Woods - 3251 Brookline Ave, Cincinnati, OH 45220 (~1.5 mile away)**  
**\*Walking trails, fishing lake and Wolff Planetarium.**

***\*All parks are open from dawn to dusk.***